



Elemore Hall School  
Pittington, Durham. DH6 1QD

Tel: 0191 372 0275  
Fax: 0191 372 1529  
e-mail: [elemore@durhamlearning.net](mailto:elemore@durhamlearning.net)  
Website: [www.elemorehallschool.com](http://www.elemorehallschool.com)

## Elemore Hall School

Headteacher: Richard Royle

Dear Parent/Carer

### Homely remedies, first aid and emergency treatment

#### Homely remedies

Occasionally pupils may feel unwell at school with symptoms that may be relatively easily relieved with the use of 'Homely' remedies. To allow pupils access to these non-prescription medications whilst in school I have described below what they are and in what circumstances their use would be offered. If you would be happy for your child to receive any of the medication please tick next to the medications you agree with, sign the form and return it to school. We can only give these medications to your child if we have received signed consent from you. We would always inform you when they have been administered.

#### Paracetamol

If a pupil has headache, toothache, period pain, etc we can provide paracetamol. Before administering we would always confirm with you (or if we cannot contact you we would wait 4 hours) to ensure that your child has not had a product that contains paracetamol in the previous 4 hours. By ticking this box you agree to us administering paracetamol to your child in these conditions.

 Tick

#### Antihistamine

By ticking this box you give the school permission to provide your child with a non-drowsy antihistamine to relieve acute hayfever or if they are stung by a bee or wasp, etc

 Tick

#### Simple linctus

By ticking this box you give the school permission to provide your child with simple linctus to relieve coughs and enable them to settle to sleep at night time. Simple linctus will only be available for resident pupils.

 Tick

#### Sun protection cream

By ticking this box you give the school permission to provide your child with sun protection cream to prevent them burning is engaged in an outdoor activity on a sunny day

 Tick

#### First Aid

##### Simple first aid

Occasionally pupils may need simple first aid for cuts and bruises. For lumps and bumps we usually give an ice pack and follow first aid procedures. For minor cuts we would usually clean these and where appropriate cover with a stick on plaster or wound dressing. By ticking this box you acknowledge that the school uses first aid treatment.

 Tick

**Emergency treatment**

Very rarely a pupil might have a medical emergency or accident in school that requires intervention by medical professionals.

The school holds Auto-injector adrenaline pens to use in cases of extreme allergic reaction, Salbutamol inhalers for use when a pupil is having a significant breathing difficulty and a defibrillator. It is our sincere hope that we never have to use any of these items, if a situation does arise then we will get permission from the Ambulance Service before using.

If a pupil has an injury or illness where we consider that hospital treatment is required then we will either call an ambulance (in an emergency) or transport them to the nearest hospital (usually University Hospital Durham). Parents/Carers will be expected to attend – for this reason we ask that you provide two emergency telephone numbers:-

Emergency Contact 1. Name ..... Number .....

Emergency Contact 2. Name ..... Number .....

**Consent**

I give permission for my child ..... (name) to receive the non-prescription medications indicated above and acknowledge the school strategy on emergency treatment.

I confirm that they do not have an allergy to any of the non-prescription medications listed and that there would be no adverse reaction with other medication that they may be taking.

Signed: ..... Parent/carer

Date: .....

**Please return this form to school as soon as possible.**