

## Friday Culture Programme overview

### Elemore Hall School 2018-2019

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>7</b>	<p><b><u>Introduction to Key Steps/ Induction booklet</u></b> Key steps is a programme of activities. From this wide variety of topics, you can choose your activities, which you carry out in the form of personal challenges.</p> <p>SEE RESOURCES</p>	<p><b><u>Key steps All about me</u></b></p> <p>SEE RESOURCES</p> <p>School nurse workshop: Dental health, personal hygiene and puberty 9<sup>th</sup>, 23<sup>rd</sup> November</p>	<p><b><u>Key Steps Identity and beliefs</u></b></p> <p>SEE RESOURCES</p> <p>Drugs education workshop</p> <p>Smoking cessation 18<sup>th</sup> January 09.30-10.30</p>	<p><b><u>Key Steps International</u></b></p> <p>SEE RESOURCES</p> <p>Food tasting and looking at cultural differences</p>	<p><b><u>Key Steps Health and fitness</u></b></p> <p>SEE RESOURCES</p> <p>Choose relevant tasks from the book</p>	<p><b><u>Key Steps Beliefs, Values and religion</u></b></p> <p>SEE RESOURCES</p> <p>Visit to a local Mosque and places of worship</p> <p>Durham Cathedral</p>
<b>8</b>	<p><b><u>Key Steps Environmental matters</u></b></p> <p>SEE RECOURCES</p> <p>Renewable energy plant</p>	<p><b><u>Key Steps Personal and Social values</u></b></p> <p>SEE RESOURCES</p> <p>Choose relevant tasks from the book</p>	<p><b><u>Key Steps Enterprise</u></b></p> <p>SEE RESOURCES</p> <p>Trading Standards workshop</p>	<p><b><u>Key Steps Finance</u></b></p> <p>SEE RESOURCES</p> <p>Visit to a local building society</p>	<p><b><u>Key Steps Community involvement</u></b></p> <p>SEE RESOURCES</p> <p>Food bank sourcing in the wider community</p>	<p><b><u>Key Steps Beliefs, Values and religion</u></b></p> <p>SEE RESOURCES</p> <p>Visit to a local Mosque and places of worship</p> <p>Durham Cathedral</p>
<b>9</b>	<p><b><u>Key Steps Health and fitness</u></b></p> <p>SEE RECOURCES</p> <p><b><u>Fitness test</u></b></p> <p><u>Young person's drug and alcohol ambassador programme</u> <b><u>Select group</u></b></p>		<p><b><u>Drugs education</u></b></p> <p>Pupils follow culture booklet and complete group work to develop an understanding of drugs education</p> <p>Visitor: drugs workshop + police workshops</p>		<p><b><u>Sex and relationship education</u></b></p> <p>Pupils follow culture booklet and complete group work to develop an understanding of sex education</p> <p>Visitor: School nurse workshop April 26<sup>th</sup> Session 1 relationships May 3<sup>rd</sup> session 2 sex ed intro</p>	

<p><b>10</b></p>	<p><b><u>Emotional well-being education</u></b> Pupils follow culture booklet and complete group work to develop an understanding of emotional wellbeing</p> <p>Visitor: mental health nurse workshop If U Care, Share</p> <p><u>Young person's drug and alcohol ambassador programme</u> <b>Select group</b></p>	<p><b><u>General studies introduction</u></b></p> <p>Pupils focus on current affairs, speaking and listening and debate skills.</p> <p>SEE RESOURCES</p>	<p><b><u>Personal safety/General studies</u></b> <u>Extensive Police workshops</u></p> <p>Pupils follow culture booklet and complete group work to develop an understanding of personal safety.</p> <p>Pupils complete workshops with discussion based sessions looking at topics that focus on speaking and listening and debate skills. The programme is designed to enhance skills needed for the General Studies GCSE examination</p> <p>SEE RESOURCES</p>	<p><b><u>Healthy lifestyles/ General studies</u></b></p> <p>Pupils follow culture booklet and complete group work to develop an understanding of healthy lifestyles</p> <p>Pupils complete workshops with discussion based sessions looking at topics that focus on speaking and listening and debate skills. The programme is designed to enhance skills needed for the General Studies GCSE examination.</p> <p>SEE RESOURCES</p> <p>Visitor: School nurse workshop Sex Ed 10<sup>th</sup> May</p>	
<p><b>11</b></p>	<p><b><u>Making informed career choices</u></b> Transitions officer: Mike Foster</p> <p>Pupils complete workshops with discussion based sessions looking at topics that focus on current affairs, speaking and listening and debate skills. Preparation for life post 16</p> <p><u>CVs</u> Careers fayre</p>		<p><b><u>Personal finance/ General studies</u></b></p> <p>Pupils complete workshops with discussion based sessions looking at topics that focus on speaking and listening and debate skills. Preparation for life post 16</p> <p><u>Budget challenge</u></p>	<p><b><u>General Studies</u></b></p> <p>Pupils learn about current affairs and relevant debates in society. Work on formulating constructive arguments through discussion based work. Preparation for life post 16</p> <p><i>Visitor: school nurse sex education 17<sup>th</sup> May</i></p>	
<p><b>M</b></p>	<p><b><u>Key Steps</u></b></p> <p>Pupils take part in topic based challenges, workshops, trips and visitor talks linked to the chosen topic from the KEY STEPS booklet.</p> <p>SEE RESOURCES</p>		<p><b><u>Key Steps</u></b></p> <p>Pupils take part in topic based challenges, workshops, trips and visitor talks linked to the chosen topic from the KEY STEPS booklet.</p> <p>SEE RESOURCES</p>	<p><b><u>Key Steps</u></b></p> <p>Pupils take part in topic based challenges, workshops, trips and visitor talks linked to the chosen topic from the KEY STEPS booklet.</p>	<p><b><u>Key Steps</u></b></p> <p>Pupils take part in topic based challenges, workshops, trips and visitor talks linked to the chosen topic from the KEY STEPS booklet.</p>

**The school nurse will also be delivering some sessions and will be available for drop ins from 10- 12**

**Planned visits/visitors/events 2018-2019:**

Red Nose Day event – 19<sup>th</sup> March KS3 & 4

Sherburn hospital project- bird box/feeders/hanging baskets project YEAR 8

Drugs and alcohol workshop YEAR 9

**Summer**

Local mosque YEAR 7 & 8

Durham Cathedral YEAR 7 & 8

Sikh temple YEAR 7

Synagogue YEAR 7

Kurdish bakery, Gateshead YEAR 10

Dying to Be Cool – safety around water KS3 & 4

Prison Me No Way workshop (tbc) KS3 & 4

Police interceptors KS3 & 4

Nurse-healthy lifestyles/sex education/emotional wellbeing YEAR 9

Sports day- 28<sup>th</sup> June

## **Autumn**

Fire brigade workshop- 14<sup>th</sup> September

Macmillan coffee morning- 27<sup>th</sup> September

Holocaust workshop – 28<sup>th</sup> September YEAR 9, 10, 11

One Punch - 21<sup>st</sup> September KS3 & 4

If U Care, Share KS3 & 4

Emerald Biogas (renewable energy plant) YEAR 8

Wise drive YEAR 11

Drug Business Ambassador Programme KS4 (select pupils)

Careers Fayre KS4 25<sup>th</sup>, 26<sup>th</sup> September

Nurse-healthy lifestyles/sex education/emotional wellbeing YEAR 10

## **Spring**

Trading Standards workshop YEAR 8

Local building society YEAR 8